

OZIEL GRAND CHAPTER NEWSLETTER



Issue 003

September 2025

Welcome to the September Edition!

As we gather once more within the warmth of our Chapters, we do so with grateful hearts, grounded in Faith, renewed in our Obligation, and inspired by Zeal for the work that lies ahead. Faith reminds us that our path is guided by divine light and higher purpose. Obligation calls us to uphold the sacred promises we've made to serve, support, and uplift one another. Zeal fuels our passion to continue this journey with energy, dedication, and unwavering love for our Order. Together, we are more than a Chapter, we are Ozies Strong, united by timeless values and a shared commitment to truth, charity, and loving kindness. Welcome back



Spotlight: Donna T. Darrien Memorial Foundation for Sickle Cell Inc.

The Donna T. Darrien Memorial Foundation For Sickle Cell, Inc. was established to reach those living with sickle cell and their families through educational outreach programs designed to:

- increase knowledge about the complications of sickle cell disease;
- educate the general public about sickle cell disease;
- provide financial assistance to those are living with the disease who wish to pursue higher education;
- encourage and support clinical research in sickle cell disease.



Ingredients:

1 cup Medjool dates (pitted, chopped, firmly packed)

1 1/2 cups rolled oats, separated into two portions



Did You Know?

When: September 20, 2025
8:30 am - 1:30 pm

Where: Weequahic Park, Newark, NJ

Registration starts at 8:30 am

Walk Kick Off at 10:00 am

Health and Resources Fair
10:30 am - 1:30 pm

We'd Love to Hear From You!

We invite you to share your stories, recipes, and wellness tips for future newsletters. Your contributions help us grow stronger together. Please send your submissions to Sis. Erika Bennett at healthfirst@ogcoespha.org Let's continue to support and inspire one another on this journey of health and wellness. Stay healthy and empowered!